Review of Harms Other Than Sexual

Column 1: Who did I Hurt?
Column 2: What did I Do?
Column 3: Which part of self caused me to do what I did? Was it caused by the social instinct? The Security Instinct? or The Sex Instinct?
Column 4: Did I arouse jealousy? Suspicion? Bitterness? Anger? Desire to Retaliate? Ect? What should I have done instead?
Column 5: Where Had I Been: Selfish, Dishonest, Self Seeking and Frightened, Inconsiderate? Which character defects caused me to do what I did to harm another?

COLUMN 1 Who Did I Hurt?	COLUMN 2 The Cause	COLUMN 3 Which part of Self Caused Me to Do what I Did?									COLUMN 4 What Feelings Did I create in Others?	COLUMN 5 Where Had I Been:				
		Social Instinct		Security Instinct		Sex Instinct		Ambitions								
Who Did I Hurt?	What Did I Do?	Self-Esteem	Personal Relationships	Material	Emotional	Acceptable Sex	Hidden Sex	Social	Security	Sex	Did I arouse Jealousy? Suspicion? Bitterness? Anger? Desire to Retaliate? Fear? ect? What Should I have Done Instead?	Selfish	Dishonest	Self-Seeking	Frightened	Inconsiderate